

## SOUTH TEXAS ZONES ATHLETE CODE OF CONDUCT

The following code is in effect throughout the Southern Zones Meet in Atlanta, Georgia, July 26 – August 1, 2010:

Anyone whom the South Texas Zones Coaching Staff deems acting in a manner that would interfere with the travel/competition objectives listed below will be subject to immediate return home at the expense of the parent and/or swimmer. Any infraction deemed severe by the South Texas Zones Coaching Staff will be presented to the South Texas Swimming, Inc. (STSI) Board of Directors for immediate resolution. Swimmers may be barred from future LSC All-Star/Zone Teams, as well as Local Swim Committee (LSC) competitions.

- 1) The LSC Coaching Staff will determine rules of conduct. You are expected to behave in an exemplary fashion. The reputation of the LSC is dependent of your behavior.
- 2) The STSI Zones Team will travel, compete and eat as a team. All athletes must be punctual and attentive at all team functions.
- 3) The consumption or purchase of alcohol, smoking, chewing tobacco, or use of any other illegal drug or substance will not be allowed. In addition, team members may not be in the presence of others engaging in the aforementioned illicit activities.
- 4) At no time will male and female athletes be in the same hotel room together. This applies to STSI swimmers or swimmers from any other LSC.
- 5) No team meetings or practice may be missed. Be punctual for all meetings and warm up times.
- 6) No team member may be out of their room after assigned curfew and no one may leave their room alone. Permission must be obtained from the South Texas Zones Coaching Staff to leave your room.
- 7) Any damage or thievery at the hotel will be the responsibility of the offending swimmer. No loud or obnoxious behavior will be tolerated in hallways or public areas. Make your phone calls from a pay phone at the hotel.
- 8) All team members will be polite in restaurants. Leave a 15% tip (minimum). If there is a problem with the service, see the LSC Coaching staff.
- 9) Agree to follow these and any other rules to do with the behavior of the STSI Zones Team as established by the Coaching Staff and LSC.

I recognize my responsibility to abide by these rules and requirements and those established by the STSI Zones Team Coaching Staff. I have read and agree to comply with the aforementioned rules.

Swimmer's signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Phone number \_\_\_\_\_

Zones Head Coach  
Brandon Allenstein \_\_\_\_\_