



Streamline Aquatics
'Tis the Season
December 20-22, 2025

Held under the sanction of USA Swimming

Meet Name: 2025 ST SASA Tis the Season

Sanction Number: ST-25-123

Meet Date: December 20-22, 2025

Meet Schedule:	Saturday, Session 1	Sunday, Session 2&3		Monday, Session 4&5	
	Timed Finals	Prelims	Finals	Prelims	Finals
Warm Ups:	4:15 PM	7:45 AM	4:30 PM	7:45 AM	4:30 PM
Coach's Meeting:	5:15 PM	9:00 AM	-	-	-
Meet Start:	5:45 PM	9:15 AM	6:00 PM	9:15 AM	6:00 PM

Note: Should a third warm-up session be required, the warm-up or meet start times may be adjusted accordingly. Any schedule changes will be communicated once entries are received and reviewed.

Venue: Ann Barshop Natatorium
 4301 Broadway
 San Antonio, TX 78209

Facility: Pool is 25 Yards x 25 meters. It will be set up in short-course yard lanes. Lanes 1-8 will be used for this meet and two lanes will be available for warm-up and warm-down. Semi-automatic timing system and stopwatch backups will be used. Daktronics timing system and stopwatch backups will be used. All times will be recorded and input into HyTek Meet Manager.

Water Depth: The minimum water depth, measured in accordance with Article 103.2.3, is 13 feet at the start end and the turn end is 3 feet, 3 and 1/2 inches measured for a distance of 1.0 meter to 5.0 meters from both end walls.

Course

Certification: The host will ensure the required course dimensions.

Sanction: This meet has been sanctioned by South Texas Swimming and current USA Swimming rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), and any relevant sections of the South Texas Policies & Procedures Manual will apply. All adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with MAAPP is a condition of participation in the conduct of this competition. All swimmers must be registered as athletes in good standing with USA Swimming as of the meet date(s). Athletes who register with USA Swimming and/or South Texas Swimming after the meet entry deadline may deck enter the meet only if they can present their current USA Swimming membership card using the USA Swimming app (or a coach may present the club’s official roster from the USA Swimming app). Athletes who fail to meet this requirement will not be allowed to compete. Conduct of the sanctioned event shall conform in every respect to all technical and administrative rules of USA Swimming.

Liability: In granting this sanction, it is understood and agreed that USA Swimming, Inc., South Texas Swimming, Inc. (STSI), Streamline Aquatics, University of the Incarnate Word, Ann Barshop Natatorium, and all meet officials shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. Damage to the facility, when proved, will cause the offending swimmer, if unattached, or the offending swimmer's club, if attached, to be held accountable for repairs

USA Swimming

Registration: All swimmers, coaches, and officials participating in this competition must be current USA Swimming members in good standing as of the meet date(s). No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302. All should also be prepared to present their USA Swimming membership card using the USA Swimming app as proof of their membership to the Meet Director or designee at any time. Swimmers who 1) late enter when possible; 2) need to be late-entered because of clerical errors by the entering team or the Meet Host; or 3) are not entered in this meet and choose to enter time trials, if offered, will be required to present their USA Swimming membership card using the USA Swimming app (or a coach may present the club’s official roster from the USA Swimming app). Current national and LSC regulations do not allow exceptions to these policies.

Meet Format: All events will be mixed gender events, and the seeding will be based solely on time and not gender. There will be no lane separation between genders. Sessions will close when the timeline exceeds four hours in length. Swimmers will be entered in order that entries are received. The Meet Referee reserves the right to combine heats, events, strokes, or distances. Breaks may be added to the sessions if the Meet Referee and Meet Director see the need to do so. The Meet Referee and Meet Director reserve the right to cancel or change the breaks if there are schedule or weather issues impacting the meet. Any changes will be communicated at the coaches’ meeting. Events 200 yards and shorter will be pre-seeded. Events longer than 200 yards will

require positive check-in. All events will swim fastest to slowest. Flyover starts will be used at the discretion of the Meet Referee, except for backstroke events.

Saturday – All Saturday events will be conducted as *timed finals*.

- Swimmers in the 400 IM, 1000 Free, and 1650 Free must provide two timers.
- Swimmers in the 1000 Free and 1650 Free must also provide lap counter.
- The 1000 Free and 1650 Free will be offered as mixed-timed-final events. Swimmers may choose to swim either the 1000 or the 1650. Depending on the number of entries, these events may be swum together, with like distances seeded together in a single heat.

Sunday & Monday – All Sunday and Monday individual events will be conducted as *prelims and finals*.

- Swimmers in the 500 Free must provide 2 timers and a lap counter.
- Prelim events will be circle-seeded.
- Finals, events will be separated by gender and age (10&U, 11-12, 13-14, 15&O) and seeded by time.
- **50-yard events:** Top 16 in each age group advance to finals (A/B finals).
- **100-yard events:** Top 16 in each age group advance to finals (A/B finals).
- **200-yard and longer events:** Top 8 in each age group advance to finals (A finals only).
 - 200 Free, 200 IM, 500 Free: 10&U, 11–12, 13&14, 15&O
 - 200 Strokes, 400 IM: 10–12, 13&14, 15&O

Scratch Rules: Coaches are asked to communicate scratches for pre-seeded events to the Entries Chair prior to the meeting start date, as soon as possible. There is no penalty for scratching from a pre-seeded event, except for loss of the entry fees. Swimmers who check in for 1000 Free, 1650 Free, 500 Free, or 400 IM and fail to compete after a positive check-in must positively check in each day for that day's events to remain eligible. Illness or injury may be excused by the Meet Referee if notified before the start of the event.

Any qualified finalist who fails to compete at finals or consolation finals will be penalized unless they scratch with the Clerk of Course within thirty (30) minutes after the event has closed. **Sunday evening**, the swimmer will be banned from further competition in the meet. **Monday evening**, the swimmer will incur a \$25 fine, and their team will be barred from future Streamline-hosted meets until the fine is paid.

Swimmers may not declare an "Intent to Scratch."

Definitions & Requirements:

- A qualified finalist is defined as a swimmer who finishes in the top 8 or 16 (depending on the number of final heats offered) based on preliminary results before scratches.
- All swimmers who do not wish to compete in finals must scratch, regardless of placement, to avoid penalties.
- Because scratches may move swimmers into finals, anyone not wishing to swim must scratch—even if originally placed outside of finals.
- Thirty (30) minutes after results are announced, no further scratches will be accepted. Finalists and two alternatives will then be posted.

Exceptions & Prohibited Actions:

- Illness or injury may excuse a swimmer if cleared by the Meet Referee prior to the start of the event.
- Declaring a false start ("DFS") to avoid competing in a finals event is prohibited and will result in penalties.

Qualifying

Times: There are no qualifying times. Athletes cannot enter with an NT. Coaches are encouraged to estimate an SCY time if possible. We will convert times submitted as LCM or SCM to SCY.

Age up Date: The age of the swimmer will be his/her age on December 20th, 2025.

Entry

Restrictions: Swimmers may enter up to six (6) individual events on Saturday, and a Maximum of three (3) individual events on both Sunday and Monday. Note: All 50's are offered and may be swum twice over the course of the meet. Please make sure you select the correct event number when entering 50's.

Entry

Procedures: The only acceptable mode of entry is via the Hy-Tek Commlink File. The entry file HYV will be published on the STSI website. Hard copy (PDF) MUST accompany. Please email entries to the Entry Chair, Coach Cody Mackall (entries@streamlineaquatics.org), and include a Meet Entry Report of your entries, listing the swimmer, USA Swimming ID, entries by swimmer name, and total fees due, along with your entry file. When submitting files to the Entries Chair, please include the name, email address, and phone number of the person submitting the entries. If you do not receive an email confirmation, your entries were not received. A \$5.00 per swimmer processing fee will be added if submitted without an accompanying TeamUnify/SportsEngine or Hy-Tek entry file.

Entry

Deadline: Entries will open Monday, December 1st, 2025, at 12:00 PM and will close Monday, December 8th, 2025, at 6:00 PM.

Entry Fees: Entry fee is \$15.00 per individual event and a Facility Surcharge of \$10.00 per athlete. Please include a Meet Entry Fee report with your payment. Entry fees must be received by December 17th, 2025, or your entries will be removed from the meeting. Refunds will not be given for any reason.

Make checks payable to: Streamline Aquatics

Send checks to: Streamline Aquatics

ATTN: Coach Aaron Moran

10803 Butterfly Flt

San Antonio, TX 78254

For electronic payment via Zelle: Send to coachaaron@streamlineaquatics.org and email confirmation of delivery.

Deck (late)

Entries: \$25.00/event, in open lanes only; no new heats will be created. Swimmers may enter the deck beginning at the start of warm-ups. Deck entries will close 45 minutes prior to the start of the session. Swimmers not previously entered in the meet must present their USA Swimming membership card using the USA Swimming app (or a coach may present the club's official roster from the USA Swimming app) to deck enter. These swimmers will also be responsible for paying the \$10.00 athlete facility surcharge.

Time Trials: There will be no time trials at this meet.

Meet Staff:	Meet Director: Aaron Moran	210-294-9658	coachaaron@streamlineaquatics.org
	Meet Referee: Tom Schultz	210-284-8116	tschultz@gvtc.com
	Admin Official: Angella Woodard		paysasa@sbcglobal.net
	Entries Chair: Cody Mackall	210-920-0158	entries@streamlineaquatics.org

Cell Phone

Restrictions: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. There are no exceptions to this policy. Violators are subject to disqualification from the meet, disbarment from the facility, and arrest.

Unaccompanied

Swimmers: Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. All unaccompanied swimmers will be temporarily assigned to a registered USA Swimming coach for warm up, warm down, and competition purposes in order to comply with USA Swimming Rule 202.5.3. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make sure arrangements prior to the start of the meet.

Swimmer**Photographs
and Videos:**

There may be one or more photographers and/or videographers on deck at this meet. In the event such personnel are present, parents or guardians of swimmers under the age of 18 who do not wish to have photos or videos of their athletes made are required to contact the Meet Director prior to the beginning of warm-ups. Photographers and videographers are strongly encouraged to stay out of the area immediately behind the starting blocks, but if present are specifically prohibited from making shots during the start phase of any race.

Deck

Changing: Deck changes are prohibited.

Athlete Necessary

Accommodations: Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals, must provide advance written notice, accompanying their meet entry file, to the Entry Chair or Meet Director and Meet Referee by the meet entry deadline. A disability is defined as a PERMANENT

physical or mental impairment that substantially limits one or more major life activities. Failure to provide advance notice may limit the meet host's ability to accommodate all requests. The suggested form can be downloaded [here](#). In any meet that may include one or more swimmers with visual, hearing, cognitive, or physical disabilities, the judging of such competitors shall be in accordance with the current USA Swimming Rules and Regulations, including Article 105.

- Officials:** All currently certified and in-training USA Swimming officials are cordially invited to participate. All deck and administrative officials must be current members in good standing with USA Swimming and their local LSC. Please email the Meet Referee with your certification level and availability so he can plan accordingly. The uniform will be white polo shirts over khaki shirts/pants/skirts and white shoes. Please report to the Meet Referee at least 45 minutes prior to the scheduled start time of the session for the officials' briefing and to receive your assignments. The wearing of name tags is strongly encouraged.
- Drones:** Per USA Swimming Rule 103.13, the operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present. Exceptions may be granted with prior written approval by the Programs and Events Committee Chair or designee.
- Positive Check-In** Positive check-in is required for events 400 yds and over. Positive Check-in will close 45 minutes before the start of the session.
- Timers:** Timing assignments will be e-mailed to each team the week of the meet.
- Medical Supervision:** During the meet, lifeguards will be present to provide any necessary medical supervision and treatment for athletes participating in the meet.
- Awards:** Ribbons, first through eighth place, will be awarded for each applicable age group for each event.
- Daily Schedule:** Warm-ups will be conducted in accordance with the current STSI Safety Guidelines and Warm-up Procedures attached to this meet announcement.

Order of Events
Distances are in SC Yards, and as Mixed Gender during Prelims

Saturday, December 20, 2025

Event #	Event Description
1	Mixed 10 & Over 400 IM
2	Mixed 50 Back
3	Mixed 50 Fly
4	Mixed 50 Free
5	Mixed 50 Breast
6	Mixed 1000 Free *
7	Mixed 1650 Free *

Sunday, December 21, 2025

Event #	Event Description
8	Mixed 200 Free
9	Mixed 50 Fly
10	Mixed 100 Breast
11	Mixed 50 Back
12	Mixed 10 and Over 200 Fly
13	Mixed 100 Free
14	Mixed 12 & Under 100 IM
15	Mixed 12 & Under 500 Free *

Monday, December 22, 2025

Event #	Event Description
16	Mixed 200 IM
17	Mixed 50 Free
18	Mixed 10 and Over 200 Back
19	Mixed 50 Breast
20	Mixed 100 Back
21	Mixed 10 and Over 200 Breast
22	Mixed 100 Fly
23	Mixed 13 and Over 500 Free*

The Meet Referee and Meet Director reserve the right to cancel or change the breaks if there are schedule or weather issues impacting the meet. Any changes to the meet format or breaks will be communicated at the coaches meeting.

*Must provide two timers, and a lap counter. We will not provide timers.

Information for Spectators

Please note: All information is subject to change based on weather and the number of entries.

Parking

- Free parking is available in the **west** and **back** lots of the natatorium.
 - **Do not park** in the front lot; this area is reserved for family tent/chair/blanket setup.
 - Plan ahead if setting up outdoors—check the weather and bring tents or blankets as needed.
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Facility Entry & Exit

- **Spectator entry/exit:** Use the **east stairwell** (to your right when entering).
 - **Swimmer entry/exit:** Use the **west stairwell** (office side). The door will remain unlocked but cannot be propped open (fire code).
 - **Accessibility:** Spectators requiring accommodations should contact admin@streamlineaquatics.org in advance. Handicap-only seating will be available upstairs near the elevator.
 - **Safety reminder:** Wet floors are slippery—please dry off, use handrails, and walk carefully.
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Seating & Viewing

- Per Fire Marshall's orders, no spectator chairs are allowed to be set up on the covered porch and front steps of the natatorium, nor on the first or second floor inside the natatorium.
 - Indoor bleacher seating on deck is priority seating for athletes. Spectators must stand if an athlete does not have a place to sit.
 - **Spectator seating:**
 - Outdoor areas and the **front balcony**—chairs are allowed.
 - East side of the pool (Lane 11) is **standing room only**.
 - Back balcony is reserved for **SASA**.
 - **No parents allowed behind the blocks**—timers and officials only (timers will have front-row seating).
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Locker Rooms & Restrooms

- **Athletes:** Locker rooms on the west (office) side only.
 - **Spectators:** First-floor public restrooms on the east side. (Athletes should not use these.)
 - **Coaches/Officials/Volunteers:** Bathrooms on the pool level opposite the locker rooms.
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Heat Sheets

- Heat sheets will **not be sold at the meet**.
 - They will be posted on the **Streamline Aquatics website** and emailed to coaches during meet week.
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Concessions

- Concessions will have drinks and may include snacks/food depending on demand.
- Team merchandise will also be available.

SOUTH TEXAS SWIMMING, Inc.
Safety Guidelines and Warm-up Procedures

A. WARM-UP PROCEDURES

I. Assigned Warm-up Procedures

- a. Warm-up lanes and times will be assigned to competing teams based on number of entrants.
- b. All warm-up activities will be coordinated by the coach(es) supervising that lane.
- c. Dive sprints shall occur from only the designated end of the pool, swimmers must exit on the opposite end of the pool, and may be done only under the direct supervision of the coach.

II. Open Warm-up Procedures

LANE USE

POOL	PUSH/PACE	DIVES/SPRINTS	GENERAL WARMUP
10 Lanes (0-9)	0 and 9	1, 2, 6, and 7	3 through 5
10 Lanes (1-10)	1 and 10	2, 3, 7, and 8	4 through 6
8 Lanes	1 and 8	2 and 7	3 through 6
6 Lanes	1 and 6	2 and 5	3 and 4

- a. The first half of the assigned warm-up time shall be general warm-up for all lanes.
- b. Push/Pace lanes will push off one or two lengths from starting end.
- c. Sprint lanes are for diving from blocks or for backstroke starts in specified lanes at designated times and from the designated end. Swimmers must exit the pool on the opposite end.
- d. There will be no diving in the general warm-up lanes—circle swimming only.
- e. No kickboards, pull buoys, or hand paddles may be used.

III. Safety Guidelines

- a. Coaches are responsible for the following:
 1. Instructing swimmers regarding safety guidelines and warm-up procedures as they apply to conduct at meets and practices.
 2. Actively supervising their swimmers throughout the warm-up sessions, at meets, and all practices.
 3. Maintaining as much contact with their swimmers AS POSSIBLE, both verbal and visual, throughout the warm-up period.
- b. The host team will be responsible for the following:
 1. A minimum of two marshals, with a minimum of one of each gender, who report to and receive instructions from the Meet Referee and/or Director shall be on deck during the entire warm-up session(s).
 2. Marshals will have the authority to remove from the deck for the remainder of a warm-up session, any swimmer or coach found to be in violation of these procedures.
 3. The host team shall provide signs for each lane at both ends of the pool, indicating their designated use during warm-ups.
 4. Warm-up times and lane assignments will be published in the meet information and posted at several locations around the pool area and the following statement will appear in the meet information: "South Texas Swimming Safety Guidelines and Warm-up Procedures will be in effect at this meet."
 5. An announcer will be on duty for the entire warm-up session to announce lane and/or time changes and to assist with the conduct of the warm-up.
 6. Hazards in locker rooms, on deck, or in areas used by coaches, swimmers, or officials will be either removed or clearly marked.

B. MISCELLANEOUS NOTES

- I. Backstrokes will ensure that they are not starting at the same time as a swimmer on the blocks. Swimmers shall not step up on the blocks if there is a backstroke waiting to start.
- II. Swimmers shall not jump or dive into the pool to stop another swimmer on a recalled start.
- III. Swimmers are required to exit the pool on completion of their warm-up to allow other swimmers adequate warm-up time. The pool is not for visiting or playing during the warm-up session.
- IV. Warm-up procedures will be enforced for any breaks scheduled during the competition.
- V. No hand paddles, fins, or kickboards may be used at any time during general, specific, or between warm-ups unless approved by the Meet Referee.

NOTE: Host Clubs, with the consent of the Meet Referee, may modify the time schedule or recommended lane assignments depending on pool configuration, number of swimmers, or other considerations; so long as safety considerations are not compromised. Any such changes will be announced and/or prominently posted in the pool area.

STSI Safety Guidelines and Warm-up Procedures last Revised 10/27/22